



Position Description – Assistant Coach

The role of the Assistant Coach:

- Is to assist the section coach with choreography, music selection, costuming and mentoring of class assistants and cadets.
- Ensure all members receive high quality coaching in their chosen sport of calisthenics.
- Assist with providing leadership and a supportive and positive environment for cadets and class assistants.
- Respect and support the principal coach and the section coach.

Qualifications:

- Cadet or Level 1 Calisthenics Coach

Directly Responsible to:

- Principal Coach
- Section Coach

Supervision over:

- Assist the section coach to supervise cadets and class assistants.

Relationships:

- The Principal Coach will work closely with all coaching staff (including assistant coaches, cadets and class assistants) to provide leadership, support and guidance in relation to music choice, choreography, costumes, parent and student relations and any other issues that may arise.
- The Principal Coach will attend the classes of fellow coaches on a regular basis and provide support and constructive feedback to coaches, assistant coaches, cadets and class assistants to enhance their professional development.
- The section coaches will provide a supportive environment that demonstrates best practice approach to training for assistant coaches, cadets and class assistants, to develop their coaching skills.

Specific duties include but are not limited to:

- Assist the section coach to select suitable music for routines.
- Assist the section coach with the choreography of routines that are appropriate to the age, strength and abilities of the pupils.
- Attend coaches meetings with Principal Coach and other section coaches and assistant coaches.



- Assist the section coach to conduct classes in a professional manner and be a positive role model.
- Assist the section coach with ensuring the class assistants and cadets know what is expected of them.
- Assist the section coach with the selection of appropriate costumes for items, using the existing wardrobe where possible.
- Assist the section coach to be responsible for your section at any competitions that are entered.
- Assist with organising the end of year concert.
- Adhere to the ACF Coaches Code of Ethics.
- Undertake self-improvement by updating skills regularly.
- Notify the Principal Coach of professional development activities you wish to attend.
- Ensure compliance with the Child Safe standards.