



Sports Injury Tracker Policy

OUR COMMITMENT

The Horsham Calisthenics College is committed to providing a safe and healthy environment for all of its members and coaches.

The Horsham Calisthenics College is committed to using the website, sportsinjurytracker.com.au. This is the first online sports injury system developed for community sport in Australia. It enables sports injuries to be recorded, stored safely and analysed to assist the Horsham Calisthenics College to analyse their data and assist in developing strategies to address their sports injury issues.

Sportsinjurytracker.com.au is free and easy to use and has been developed by Sports Medicine Australia with the support of Sport and Recreation Victoria, Department of Planning and Community Development.

WHAT WE WILL DO

- The club will provide all coaches with access to Sports Injury Tracker forms to complete if and when a member injures themselves, whilst participating in calisthenics.
- Once a form is completed by the Section Coach, it is to be handed to the Principal Coach, who will enter the data into sportsinjurytracker.com.au.
- The Principal Coach will analyse the data, to assist to develop strategies to address any sports injuries that occur.
- The calisthenics college coaches, assistant coaches, cadets and class assistants will always promote best practice methods at all times to prevent injuries from occurring.

WHAT MEMBERS AND GUARDIANS WILL DO

- Members and Guardians are to notify their Section Coach if they suspect a sports injury has occurred whilst participating in calisthenics.



- Members are required to engage in best practice methods at all times to prevent injuries from occurring.

Supporting Documentation:

- a) Sports Injury Tracker Form
- b) sportsinjurytracker.com.au – Logon and Password

Document Approved By:	Name	Signature	Date
President	Tammy Smith		
Principal Coach	Kylie Hermans		